



## **Welsh Sea Rowing – Lifejacket Policy**

**Lifejackets MUST be worn on the water by;**

- Coxswains
- Juniors (11-18 years inclusive)
- Non swimmers (a person unable to swim 50 metres unaided)
- The whole crew when NIGHT ROWING
- If requested to do so by the Cox
- If deemed necessary by event organisers
- If deemed necessary on medical grounds

**However, WSR minimum requirements are that ALL crew members must;**

- Have access to a well-maintained lifejacket
- Be correctly fitting
- Be within arm's reach when on the water

Please have a read of the link below - accidents happen – don't let it be a tragic accident!

<https://rnli.org/safety/lifejackets>

Please note the above policy was voted on by the WSR Executive committee on Monday 6th March 2023 and a unanimous result was returned.